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Regular Meeting
First 5 Nevada County and First 5 Placer
Wednesday, September 16, 2026
Agenda
2pm – 4pm
Joseph Center
10075 Levon Ave
Truckee, CA 96161

First 5 Placer County Commissioners

Meagan Mulligan, Chair FNP, Chapa-de Indian Health Services
Jessica Waterford, Vice-Chair Multi-Disciplinary Interview Team, Placer District Attorney
Bonnie Gore, Supervisor, District 1, Placer County Board of Supervisors
Raúl Martínez Assistant Director, Placer County Health & Human Services
Jennifer Hicks, Associate Superintendent, Educational Services, Placer County Office of Education
Teresa Crimmens, Deputy Executive Director, Sierra Community House
Brian Passenheim, Chief Probation Officer, Placer County
Maggie Steakley, Principal Associate, Glen Price Group
One Vacancy – seat 4

First 5 Nevada County Commissioners

Robb Tucker, Chair, Supervisor, District 2
Bobbi Luster, Nevada County Public Library
Ryan Gruver, Nevada County Health and Human Services Agency
Rachel Pena, LCSW, Social Services, Nevada County Health and Human Services Agency
Eli Gallup, Nevada County Superintendent of Schools Office

- 1. Call to Order/Commissioner Roll Call**
- 2. Approval of Agenda - ACTION - Attachment 1**
- 3. Introductions**
- 4. Public Comment**
- 5. Road to Resilience - DISCUSSION** - Sabrina Dean will share an overview and update of the Road to Resilience program, which is co-located in Placer and Nevada Counties. [RtR Presentation 9.2026.pptx](#)
- 6. Tahoe/Truckee Regional Partner Panel - DISCUSSION** - The Commissions will hear from funded partners from the Tahoe/Truckee Region. Topics include: strengths and challenges from last fiscal year, needs of local families, sustainability, and ongoing revenue changes.
- 7. Executive Director Updates - DISCUSSION** - The Commissions will hear updates from both Executive Directors. Highlights will include Statewide Policy and Advocacy efforts and a reflection on the 2026 First 5 California Summit.
- 8. Commissioner Report Out**
- 9. Adjourn**
First 5 Nevada County Next Meeting: November 18, 2026 2pm-4pm - Eric Rood Administrative Center
First 5 Placer Next Meeting: October 7, 2026 4pm - 6pm. Seavey Center, 650 Menlo Dr, Rocklin

This agenda was posted on the web at www.first5nevco.com and www.first5placer.org Posted on September 10, 2026

Upon request, First 5 Nevada County will provide written agenda materials in appropriate alternative formats, or disability-related modification or accommodation, including auxiliary aids or services, to enable individuals with disabilities to participate in public meetings. A request should include your name, mailing address, phone number and brief description of the requested materials and preferred alternative format or auxiliary aid or service. We will process your request as quickly as possible. Requests should be sent to: Melody Easton at First 5 Nevada County, 380 Crown Point Circle, Grass Valley, CA 95945, or rosemary@first5nevco.org.



Sabrina Dean, Program Manager

Sdean@placercoe.org

916-270-4949

This presentation was made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention. Any opinions, findings, conclusions and or recommendations expressed are those of the First 5 Placer and do not necessarily reflect the views of the California Department of Social Services.

ROAD TO RESILIENCE

The Road to Resilience program connects mothers to Navigators from local community-based organizations. Moms can also receive ongoing support as their babies grow through the following services:

- Basic needs support
- Community support
- Early dental screenings
- Medical care
- Early childhood literacy programs
- Parenting support and classes
- Substance use support services
- Mental health services
- Group Connections



Community Partners

- First 5 Placer is the administrator- billing, reporting and program implementation
- Services are provided in both Nevada and Placer County
 - Road to Resilience program's foundation is partnership
 - Chapa De is the main referral source
- KidsFirst, Healthy Babies, Sierra Native Alliance and Granite Wellness provide direct services to families once enrolled



Chapa-De Indian Health

Baby Luv Team

- They are a local Comprehensive Perinatal Services Program (CPSP)
- Screen clients and refer into Road to Resilience
- Starting in 25/26 – Post Partum home visits
 - One time home visit with a pediatric RN and community partner (social worker)
 - Mental health Screening, needs assessment, urgent medical needs.





Each partner agency has a navigator dedicated to provide parenting supports, intensive case management through home visitation, while working in partnership with families to promote healthy pregnancy, child development, bonding and attachment with an individualized plan to get them connected to services such as:

- Mental health services
- Early dental screenings
 - Medical care
- Substance use support services
- Parenting support and classes
- Early childhood literacy programs
 - Community support

Who Qualifies?

- Mothers at risk of substance use during the perinatal period.
- Women can only enroll between pregnancy and the first year of life but participate in the program until the child's second birthday.
- Can not have open CPS case if it involves the child that qualifies for the program.
- Fathers qualify only if mother is enrolled in the program.

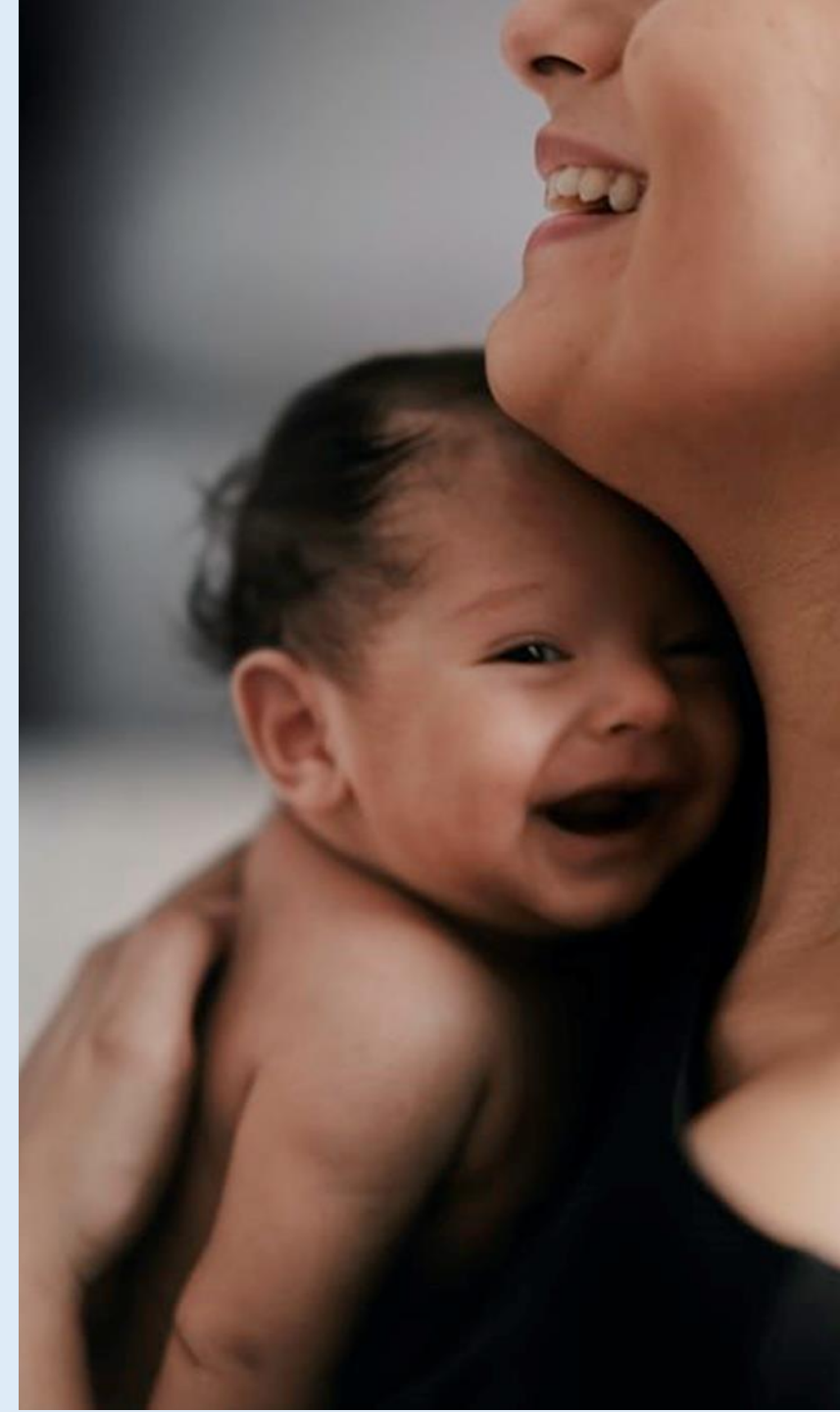


Flexible funds

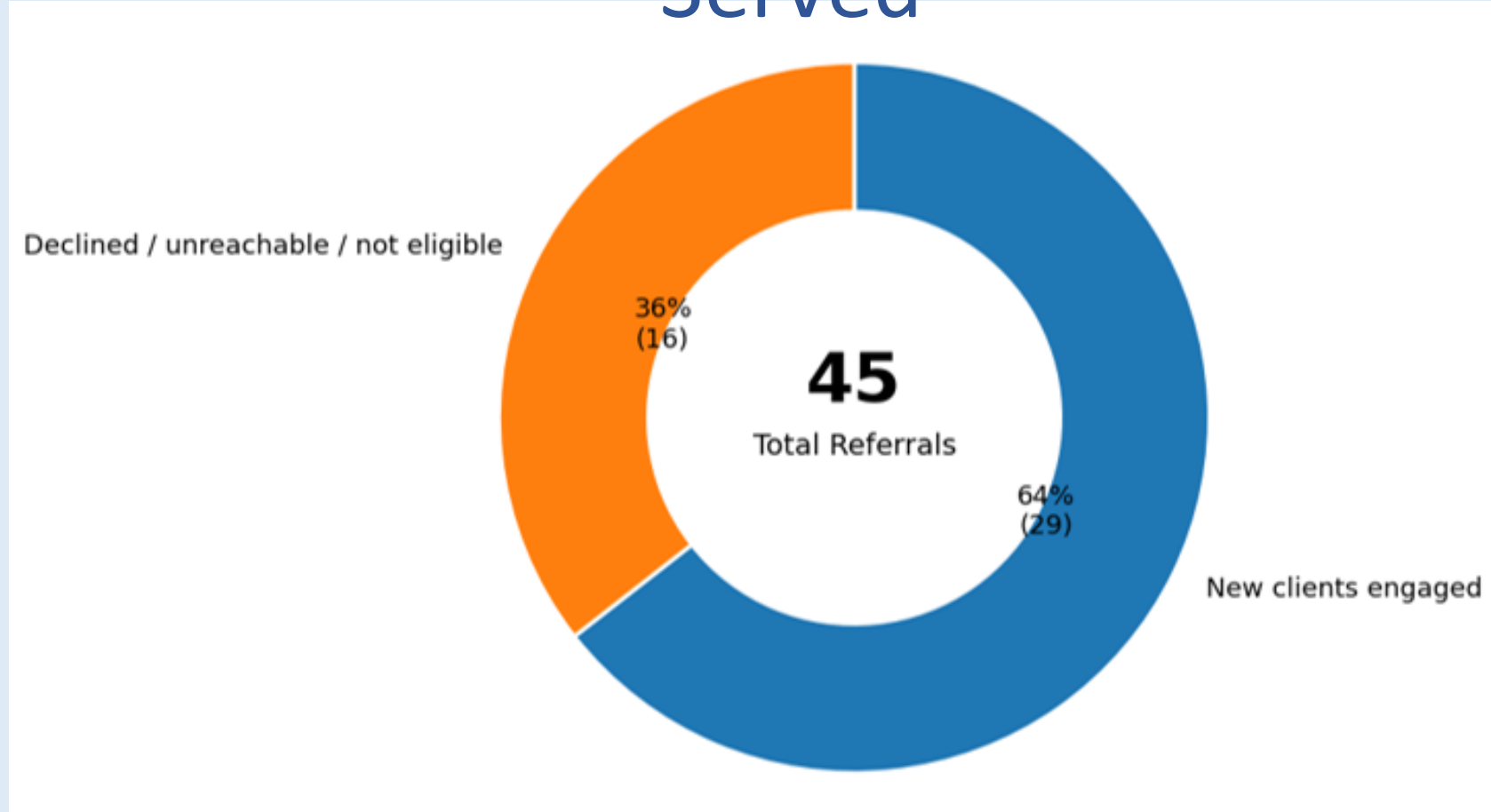
Support emergent basic needs for participants to support goal achievement and family wellness in four primary categories:

- Housing needs
- Employment supports
- Transportation
- Other. Examples include costs for credit checks to obtain housing, costs for training (e.g. certification courses) for employment, transportation (gas cards, bus tickets, auto needs), or gift cards for emergency child and family needs (for example, diapers or groceries.)

Flexible funds are tracked carefully, aligned with the case plan, and are critical for stabilizing, supporting safety outcomes, and are also key in building trust and participation.



2025-2026 Referral Outcomes and Clients Served



Total clients engaged in Road to Resilience 25/26 = 48

*some clients were still engaged after enrolling in 24/25

Chapa-De screened 150 pregnant mothers

What does success look like?

A parent entered RtR while navigating a high-risk pregnancy, homelessness, transportation challenges, and caring for her children. Through regular meetings with her Parent Educator, she received support identifying resources, setting goals, and accessing everyday essentials. During her time in the program, she secured a two-bedroom apartment with housing assistance, continued attending school part-time, pursued employment goals, accessed childcare assistance, and maintained her sobriety. After graduating from RtR, she plans to continue receiving Parents as Teachers services and hopes to earn her associate degree and pursue a career as a paralegal.

A single mother of two entered RtR with a history of substance use at a time when her partner had returned to substance use and she was at risk of relapse. With support from her Parent Educator, she enrolled in outpatient recovery services that included transportation and childcare support. She remained sober while transitioning to single parenthood and described weekly home visits as an important source of connection and support. Visits also helped her track her children's development and practice activities supporting their language and fine motor skills. Although she has now graduated from RtR as her children aged out of services, she continues to participate in recovery supports and stays connected to her Parent Educator when additional resources or support are needed.

ANNUAL REPORT 2025–2026

TTUSD Early Learning Impact

A Two-Decade Partnership for Early Literacy, School Readiness & Family Capacity
Building

Presented to the First 5 Commissioners • Tahoe Truckee Unified School District

Partnership & Vision

Building strong foundations for children from birth to age five across
TTUSD communities since 2004.



Long-Standing Partnership

- ✓ **20+ Years of Collaboration:** TTUSD and First 5 have partnered since 2004 to champion early childhood development.
- ✓ **\$38,750 Annual Funding:** Secured through a two-year agreement to directly impact children from birth to age five (0–5).
- ✓ **School Readiness Priority:** Ensures every child enters TK/Kindergarten with necessary literacy and social-emotional foundations.
- ✓ **Closing Achievement Gaps:** Target outreach for culturally diverse and socioeconomically disadvantaged populations.



Organizational Capacity



Early Learning Coordinator

Leadership & Advocacy

Provides dedicated leadership and drives community advocacy to elevate early education initiatives.

Fosters strategic cross-agency relationships to actively expand early learning opportunities across the region.



Bilingual Enrollment Specialist

Family Connection

Connects personally with families during summer data confirmation to streamline registration.

Offers warm, multi-lingual guidance tailored for incoming TK and Kindergarten students and parents.



Aeries & Transition Guidance

Systems & Support

Helps parents navigate district enrollment systems effortlessly with clear technical support.

Builds lasting community trust while easing the smooth transition into elementary school life.

Empowering Young Fathers

Teen Dads Support Group

Meets twice monthly to help young fathers gain comfort reading aloud to their infants and toddlers, gifting over 15 books per father.

Inspiring Achievement: One graduating father secured scholarships for diesel mechanic school, connected with district transport, and returns this fall as a peer mentor!



Young Dads Group



Community Access & Literacy



Dolly Parton's Imagination Library

Through our Family Advocate, enrollment expanded across all TTUSD Early Learning programs. Monthly book deliveries inspire children to build personal home libraries and cultivate a lifelong love of reading.

Truckee Library Integration

Bi-monthly preschool library visits introduce children and teen parents to storytimes, book borrowing, and public learning centers—connecting families with vital local educational resources.

Fifth Grade Reading Buddies

Weekly our fifth graders come to read to their preschool buddies. At the end of the year we have a PBandR (popsicle, bubbles and reading party).



KidZone Museum Collaboration

60 Annual Passes

Distributed to families in STEPP infant/toddler, Truckee State Preschool, and Special Education programs.

Monthly Field Trips

Interactive class outings foster hands-on experiential learning, discovery, and social play.

Teen Moms Engagement

Specialized museum visits provide young mothers with community-building opportunities.

Play-Based Learning

Encourages parent-child bonding in a rich, stimulating educational environment.



Toddler Gym Time

Continuing to offer our STEPP program gross motor opportunities on Thursdays when the weather turns.



Summer Learning Support

65

Summer Totes Distributed

Bridging the Summer Gap

Each custom tote was packed with essential learning tools: books, bubbles, scissors, crayons, sidewalk chalk, glue, and paper.

Includes developmental instructions for parents to guide play-based learning at home throughout the summer break, directly supported by First 5 funding.

Summer Programming

Tahoe Truckee Unified School District • Early Learning Department

Two-Week Summer TK Program

We are continuing to offer two weeks of dedicated summer TK programming to ensure ongoing early childhood learning, play-based exploration, and smooth classroom transitions.

Program Locations

Hosted at two convenient elementary school sites across our district:

- **Kings Beach Elementary**
- **Truckee Elementary**

2-Week Intensive Session

Designed specifically for Transitional Kindergarten students, blending social-emotional readiness with creative, hands-on learning experiences throughout the summer.



Hands-on TK Activities

Interactive play and sensory exploration in classroom settings.



Individualized Materials

Personalized learning totes packed with developmental tools.

Professional Development

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Early Learning PLCs, Workshops & Conferences

Not only did we host our annual CD Conference, we have our monthly early learning PLC's and workshops specialized on best practices in early learning and topics specific to 0–8 development.

This past spring in partnership with Placer County Office of Education (PCOE), presenters Daniel Mendoza and Cristina Garcia led an engaging training on shadowing and light.

43

Educator Participants

United TK teachers, aides, Special Education, and Kings Beach State Preschool staff for meaningful articulation.



Hands-on Training Session

Shadowing and light workshop led in partnership with PCOE

Loose Parts

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Creative Constructions

Building complex structures with open-ended tactile materials.



Outdoor Exploration

Connecting with natural elements during child-led play.



Educator Workshops

Hands-on professional learning and collaborative design.

Community & Family Engagement

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Navigating Funding Challenges

Current Financial Landscape

Stagnant contract funding from state and federal contracts and upcoming 30% budget cuts facing First 5 organizations create significant financial headwinds for early learning programs across the region.

TTUSD Commitment & Solutions

TTUSD has actively contributed district funds to cover budget overages, ensuring uncompromised program delivery while proactively pursuing creative community funding partnerships.



Key Strategic Takeaways



Long-Term ROI: Continuous 0–5 investment produces measurable gains in kindergarten readiness and literacy.



Relational Trust: Bilingual enrollment specialists ensure smooth transitions for diverse families.



Cross-Agency Synergy: Partnerships with PCOE, KidZone, Truckee Library, and Sierra Community House expand reach.



Sustained Momentum: High demand for specialized educator training drives ongoing TK/Preschool/SpEd alignment.

Thank You, Commissioners!

Together, we continue building a strong foundation for Tahoe Truckee's littlest learners.

Tahoe Truckee Unified School District • Early Learning Department

